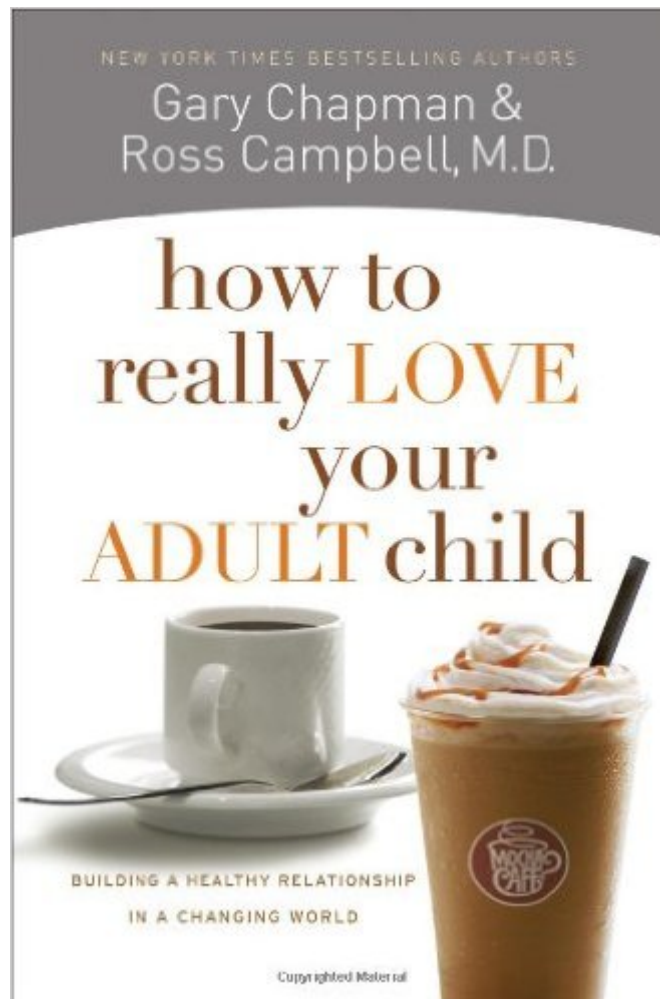


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# How To Really Love Your Adult Child: Building A Healthy Relationship In A Changing World



## Synopsis

More than 10 years after *Parenting Your Adult Child* was published, much has changed—including young adults themselves, and even their parents. Economic upheavals, challenges to traditional values and beliefs, and the phenomenon of over-involved "helicopter parenting," all make relating to grown children more difficult than ever. Yet at the same time, being a parent of an adult child can bring great rewards. This revised and updated version of Dr. Gary Chapman's and Dr. Ross Campbell's message will help today's parents explore how to really love their adult child in today's changing world. The book includes brief sidebars from parents of adult children and adult children themselves with their own stories. An online study guide is also available.

## Book Information

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## Customer Reviews

Do our children ever really grow up? In our culture today, parents face several a 'new normal' with their adult children. If you have adult children who have made bad choices, what advice do they give them. Even if they've made good choices, their reality is vastly different than when you were a young adult. How then can we biblically parent our adult children both by our behavior and our instruction? Take heart. *How to Really Love Your Adult Children: Building a Healthy Relationship in a Changing World* by Ross Campbell and Gary Chapman offers wise advice and solid biblical instruction to parents dealing with adult children. Beginning with a profile of an adult child in today's society and moving through red flag indicators and areas of concern, each chapter offers advice to parents of adult children with challenges like success (or heartbreaking failure), commitment and independence (or the lack thereof), facing lifestyle issues (sex and cohabitation.) This is a needed

book. I am the parent of adult children myself. In this changing society, I needed the advice provided here. Why, because the common thread running through all pages of this book was love. We can always learn to love better. This book takes on some very hard topics. Homosexuality, Heterosexual Cohabitation, Addiction, among them. When each of these topics are addressed, the response of love is encouraged. Even when discussing tough love, the purpose is to make sure the adult child is confident in the bond or relationship with the parent. Warnings signs are also discussed. Being aware of the symptoms of Depression, ADD, Passive-Aggressive behavior, and many more make the parent of an adult child much knowledgeable and aware.

How to Really Love Your Adult Child is a great book written by Ross Campbell and Gary Chapman (also wrote the Love Language series of books). In this short, yet detailed read, Campbell and Chapman engage a major problem happening not only in the church but in secular society as well. From my experience as a social worker, working across the age spectrum, it is evident that parents often have a difficult time adjusting to life with their children after they have become adults. They discuss what normal young adulthood is currently looking like and emphasize parental support for their children while maintaining healthy boundaries for those they have reared. They discuss in almost every area the range of emotions and responses that both sides are feeling and reacting to, ranging from defensive to aggressive responses. Chapman and Campbell also discuss negotiation in several areas, including when children come home after they have left the nest. They do well in breaking apart two groups those who fail to thrive on their own (maybe depressed) and those who come home with a strategy in place. Not only do these authors discuss difficult junctures, but they also discuss the more normal ones, such as empty nest, independence, building an adult relationship, becoming an in-law and a grandparent. The only concern I have is that this book, while it does talk about drawing that line, seems to minimize how difficult it is to do that sometimes when you already have made choices towards enabling your children. They talk about how to do it, but could spend more time talking about moving around the defense mechanisms that they will face, the hostility, anger, resentment, etc that most likely will come from an overly-dependent child.

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